Parent Handbook

#### Mt Carmel Church Preschool\*2016 Mt Carmel Church Rd

#### Chapel Hill, NC 27517

919.933.8565\*www.mtcarmelchurchpreschool.com

##### August 29, 2018

Dear Parents:

Thank you for selecting Mt Carmel Church Preschool, a ministry of Mt Carmel Baptist Church. It is a privilege to serve you and your family by offering a loving Christian preschool environment. Our mission is to love each child and help each child grow in mind, body, and love of God.

In this handbook you will find helpful information explaining the philosophy, programs and policies of our school. Please read it carefully and refer to it frequently during the school year. The handbook is also available on our website: [www.mtcarmelchurchpreschool.com](http://www.mtcarmelchurchpreschool.com). We encourage your involvement, so please contact the director with any questions or suggestions.

We are excited to welcome you to the Mt Carmel Church Preschool family. Our goal is to build a community based on caring and developing learning opportunities for you and your children. We look forward to sharing our time and talents and welcome any contributions of your time and talents as well.

Sincerely,

Jan Sloan

Director

933-8565 (office)

819-0343 (cell)

967-3923 (home)

# Mt Carmel Church Preschool

2016 Mt Carmel Church Road \* Chapel Hill, North Carolina 27517

Preschool Telephone (919) 933-8565

\*In case of emergency, or if the preschool number does not answer, call Jan’s cell (919) 819 0343.

### Board of Directors 2018-2019

## Co-Chairperson Corinne Macpherson bobandcorinne@gmail.com

Co-Chairperson Emily Loop emilyvloop@gmail.com

Secretary Nicole Hosterman nhosterman@hotmail.com

Events Coordinator Shelley Cheeseman shelley.cheeseman@gmail.com

Health and Safety Coordinator Jennifer and Philip Brondon Jennifer.brondon@gmail.com

Playground Coordinator Marc Huntzinger dlspringer04@yahoo.com

Co-Fundraising Coordinator Sarah Daniels sarahldaniels@att.net

Co-Fundraising Coordinator Shelley Cheeseman shelley.cheeseman@gmail.com

Community Builder Karen Sexton ksexton58@gmail.com

Mt Carmel Baptist Church Liaison Virginia Taylor

Director Jan Sloan lsloan101@aol.com

 (919) 819-0343

Parent Representatives to the Board

 2’s class Lauren Winkler laurenstepneski@hotmail.com

 3’s class Brandy Aghajanian brandy0982@gmail.com 4’s class Ann Clark anntwj@icloud.com

Teacher Representative Rotates

Please feel free to contact Board Members with any suggestions or comments. If you would like to sit on the Board in an Open position or as a parent representative, please contact the Chairperson.

##### Teachers for the 2018-2019 School Year

To communicate with your child’s teacher, please use written notes, email, or call the preschool office (933-8565) and leave a message. The teacher will return your call.

###### Two’s class Lead Teacher: Anna Williams (aww6703@gmail.com) Asst. Teacher: Jane Mack

Three’s class Lead Teacher: Holly Fisher (fisherghb@aol.com)

Asst. Teacher: Betty Gorman

Four’s class Lead Teacher: Abbie Cothren (abbie\_brice@yahoo.com)

Asst. Teacher: Julie Richardson

PHILOSOPHY

***Mission Statement:*** ***With a nurturing program in a Christian environment, our mission is to love each child and help each child grow in mind, body, and love of God.***

Mt Carmel Church Preschool seeks to love each child and recognize each child’s individual differences and needs. We recognize that young children have a spiritual nature that is developing. The preschool programs and curricula are designed not only to meet the educational needs of young children by aiding their emotional, social, intellectual, and physical development, but also to help them grow as a child of God. Enrollment is open to all children, regardless of religious belief, gender, race or national origin. We honor and learn from our differences.

THE PRESCHOOL PROGRAM

Objectives

It is the objective of the Preschool program to encourage each child to:

* Enjoy the stories of God and celebrate the Christian traditions.
* Build a good self-image.
* Develop his or her own unique talents and capabilities.
* Grow in interpersonal relationships.
* Grow in communication skills.
* Develop interest and joy in learning.
* Have a feeling of security.
* Expand fine and gross motor skills.
* Make a successful transition from the home into a preschool setting.

Classroom Practices

The following classroom practices shall be observed by the Preschool and its teachers:

 1). Encourage independent functioning, such as washing hands, selecting own toys, and picking up toys.

 2). Facilitate the development of personal responsibility and self-control in children by listening and acknowledging the child’s feelings and by guiding children in conflict resolution.

 3). Recognize and encourage pro-social behaviors among children such as cooperation, taking turns, and using words.

 4). Make available appropriate material and equipment as well as provide experiential learning activities.

 5). Foster a positive identity, sense of emotional well-being, and human connectedness to each other and to God.

Curriculum

Each classroom shall have a general curriculum developed by the preschool teachers and director in accordance with the goals and objectives of the preschool. In addition, each curriculum will be developed with guidance from The Creative Curriculum for Early Childhood, 4th ed., by Diane T. Dodge and Laura J. Colker. Each classroom shall also have a more specific periodic curriculum, which shall be in writing, and include the following:

* Specific goals regarding program content.
* Planned activities.
* A daily schedule.
* Availability and use of materials at properly organized areas or “centers.”
* Transitions between activities; built into the curriculum and communicated to the children.
* Routine tasks of living, used as learning experiences and opportunities.

Learning Centers. Learning centers will be utilized in furtherance of each classroom’s curriculum. Classrooms may include the following learning centers:

* Blocks
* Art
* Home Living (encourages dramatic play)
* Sand/water play
* Puzzles and Games (for fine motor and math concepts)
* Books
* Science
* Writing

Christian Curriculum. As a ministry of the church, the preschool will promote the development and practice of the Christian faith and the belief in God and Jesus Christ in the following manner:

* + - Age appropriate Chapel Time led by the Director.
		- Group prayers before meals and snacks.
		- Integration of Christian education into daily discussions and throughout all aspects of the curriculum. (E.g. God made the sun, flowers, etc.).
		- Singing of religious songs, such as Jesus Loves Me.
		- Reading Bible stories from age appropriate material.
		- Celebration and discussion of major Christian events such as Christmas and Easter.

Lunch Bunch. Beginning in October, the four-year-old class will be offered the opportunity to bring their lunches to eat at the preschool two days a week (the three-year-old class will be offered the same opportunity one day a week starting in January). The preschool lunch bunch program offers children extra time for socialization and an opportunity to practice independently managing a lunch box in a small group setting. Lunch bunch may help prepare children for the future challenges of the extended kindergarten day and eating lunch at school. Parents pack and send in their child’s lunch on Lunch Bunch days.

### Staff Composition

Mt Carmel Church Preschool director, lead teachers, and co-teachers either possess a degree in early childhood education or a related child development field or they hold a Child Development Associate (CDA) or its equivalent or have experience working with young children.

PARENTAL PARTICIPATION AND COMMITMENT

The preschool encourages and depends upon the participation of parents. Mt Carmel Church Preschool does not require that parents take teaching turns, but we do expect parents to volunteer when a need arises, such as substitute teaching or being actively involved in our fundraisers. In addition, each family will be expected to participate in the following activities:

Classroom and Toy Cleaning

Although the church has general janitorial services, the toys and all surfaces in each classroom need periodic deep cleaning in order to minimize germs. Each preschool family takes a turn at cleaning the school’s classrooms, and the schedule will be distributed and posted along with cleaning procedures.

Classroom Snack

A snack for the classroom is provided each day by the preschool.

Fundraising

Because tuition does not completely cover the cost for each child to attend the preschool, periodic efforts are made to raise funds to supplement preschool tuition.

Preschool Work Days

A workday may be scheduled in the Fall and/or Spring where parents are asked to help maintain the playground and classrooms.

Observing in the Classroom

Parents are welcome to observe in the classroom. However, it is expected that parents will work with the teachers in order to avoid unnecessary disruption of the class routine. Further, please be especially courteous when considering whether it is appropriate to bring a sibling into your child’s classroom.

Please share your talents!

Do you speak a foreign language, play a musical instrument, or know how to do a fun craft? The preschool welcomes any parent who may have a special talent or interest that they would like to share with a class. Please contact the appropriate teacher in order to plan for any such special activities.

POLICIES AND PROCEDURES

Admissions

Applications Procedure: Applications may be submitted for the next school year on the first day of the current preschool year. Applications must be submitted with a non-refundable $40 application fee. The child must be the class age by August 31.

Classes will be enrolled on a priority basis. All currently enrolled students will be guaranteed a space in the next year’s class. Siblings of currently and formerly enrolled students receive first priority. Members of Mt Carmel Baptist Church will be enrolled next. Then the public registration process will continue on a first come first served basis. Once a child is enrolled, an advance tuition fee and supply fee must be paid in order to maintain the child’s position on the class roster.

Waiting lists will be formed and are maintained throughout the school year. During the school year, parents of children on the waiting list will be notified that their child can be enrolled from the waiting list when a vacancy occurs. Waiting lists are not carried over to the next school year, and a new application must be made for each year that a parent would like to have their child considered for admission. However, a second registration fee shall not be required upon re-application if the child was not previously offered enrollment in the preschool. All application fees go towards the Susan L. Allred Scholarship Fund.

Class Schedule

* ***Two-year-old class****:* Tuesday, Wednesday, and Thursday, 9:00 a.m. - 12:00 p.m.

* ***Three-year-old class:***  Monday, Wednesday, and Friday, 9:00 a.m. – 12:00 p.m.

* ***Four-year-old class:*** Monday through Friday, 9:15 a.m. – 12:15 p.m.

Tuition and Fees

All required tuition and fees must be paid in full before any child may attend class. **All checks shall be made payable to Preschool of the Warm Heart or PWH** and may be given to the Director in the carpool line, or be mailed to the following address:

 Mt Carmel Church Preschool

 2016 Mt Carmel Church Road

##  Chapel Hill, NC 27517

Application Fee: A one-time, non-refundable application fee of $40 is due with each application made to the preschool. An application is not considered received unless accompanied by the application fee. All application fees go towards the Susan L. Allred Scholarship Fund.

Supply Fee: A supply fee is due by February 15th prior to fall enrollment, or if accepted after February15th, due within 14 days of acceptance in the program. The supply/equipment fee is not refundable. The 2018-2019 supply fees are as follows:

 Supply fee for 2’s class meeting 3 days per week: $170

 Supply fee for 3’s class meeting 3 days per week: $170

 Supply fee for 4’s class meeting 5 days per week : $230

Snack Fee: A snack fee is due by February 15th prior to fall enrollment, or if accepted after February 15th, due within 14 days of acceptance in the program. The snack fee is not refundable. The 2018-2019 snack fees are as follows:

 Snack fee for 2’s class meeting 3 days per week: $75

 Snack fee for 3’s class meeting 3 days per week: $75

 Snack fee for 4’s class meeting 5 days per week : $100

Tuition: Tuition payments are due on the first day of preschool in September and the first day of the month October through April as follows:

* Monthly tuition payment for 2’s class meeting 3 days per week: $260
* Monthly tuition payment for 3’s class meeting 3 days per week: $275
* Monthly tuition payment for 4’s class meeting 5 days per week: $395

If a child will be attending the preschool for the 2019-2020 year, tuition shall be pre-paid on May 1st of 2019 in order to hold their space in the class. Parents will be notified in writing of the amount payable on May 1st.

Tuition Payment Policy

1. Tuition Payments are due on the first day of preschool in September and the first day of each month, from October through April.
2. A $10 late tuition fee shall apply for any tuition not received by the tenth day of the month in which it was due. Applicable late fees must be included with your tuition payment.

Returned Check Fees: A returned check fee shall be assessed for every check that is returned. The assessment shall be in the amount of the cost incurred by the preschool as a result of the returned check. Any returned check fee assessed shall be immediately payable to the preschool.

Scholarships: Mt Carmel Church Preschool offers financial aid to qualified families through the Susan L. Allred Scholarship Fund. Scholarship applications may be found on the website. Applications are due by February 1, 2019 for the upcoming school year.

Withdrawal: Parents withdrawing their child from preschool shall give written notice of their intent to the Director at least two weeks prior to the child’s withdrawal. *Parents remain financially responsible for tuition payments through the end of the school year, unless the child’s classroom position is filled.* When the withdrawing child’s position is filled immediately upon withdrawal, tuition already paid for the month of withdrawal may be prorated at the discretion of the preschool. Prepaid tuition will not be refunded if a child is withdrawn after March 31st. *Application fees and supply fees are not refunded nor prorated upon withdrawal.*

Health and Emergency Forms

The Emergency Contact Form and the Children’s Physical Form for the current school year must be completed and be on file in the Director’s office before the child can attend class. The Children’s Physical Form must include a record of immunizations. Parents must update these forms annually. Please notify the Director of any changes to these forms during the school year.

Health Issues

Immunizations:  ***No child shall attend the preschool without current immunizations.***

Allergies: Please notify the Director and your child’s teacher regarding any allergies your child may have and include a notation of it on your child’s health form. If your child has allergies listed on his or her health form, you must complete a Mt Carmel Church Preschool Allergy Action Plan to keep on file at the preschool. The action plan form is available in the preschool office. The plan along with the child’s picture will be posted in the classroom.

Sickness: Children must be free of fever, diarrhea, vomiting, nausea, unexplained rashes, runny noses, excessive coughing, sore throat, headache, chills, earache, and red eyes for 24 hours before coming to school. Please DO NOT bring your child to school with any of these symptoms unless you provide the school with a doctor’s signed verification that your child is not contagious to others. Children may not attend school with head lice or nits. ***The Preschool reserves the right to refuse attendance to any child displaying the above symptoms and appreciates your cooperation in this matter.***

Notification of Director: Please notify the Director prior to the start of class when a child will not be attending his or her scheduled class due to sickness or otherwise. In addition, please notify the Director of any of the following:

* All communicable diseases, including head lice.
* Any serious illness or health problem concerning your child.
* Any event that may cause your child physical or emotional distress.

Sick Child at School: If a child becomes sick at school during the day, one or both parents will be notified. In the event that the parents cannot be contacted, the additional emergency contacts listed on the child’s Emergency Contact form will be called. ***Arrangements to pick up a sick child must be made immediately***. Thus, please keep the numbers listed on your Emergency Contact form current and advise anyone designated on your Emergency Contact form that they will be expected to pick up your child immediately upon notification that your child is sick

Administering Medicine at School: Teachers will not administer any medication to children during preschool unless it is specified on the Allergy Action Plan. If a child requires medication during school hours, the child’s parent will be required to return to school and assist the child with any medication. Should a child have an allergic reaction that has not been previously noted, the school will administer a dose of Benedryl until parents are contacted or further help arrives. For instance, parents may not yet know if their child has an allergy to bee stings.

Clothes at Preschool

Please send your child to school in comfortable play clothes. Students must wear shoes at all times at preschool. We recommend tennis shoes. Please do not send your child to school in flip flops. Parents will be asked to maintain a spare change of clothes for their child in case of a spilling or wetting accident. *Please label your child’s spare change of clothes with his or her name and bring them to school in a ziplock bag for storage at school. If your child wears diapers, please include an extra diaper with the spare clothes.*

Toys from Home & “Loveys”

Children are permitted to bring a “lovey” or special toy from home if it will help his or her sense of security. Make sure the item is labeled with your child’s name. However, parents will be encouraged to leave the item in the car or at home as soon as possible, as your child’s anxiety may actually be increased if the child fears a friend may take his or her special toy or “lovey.” Please do not bring other toys from home. ***Toy weapons are not permitted at the preschool under any circumstances.***

Diapers and Toilet Teaching

Preschoolers are typically at various stages of potty habits. Potty training should be well under way at home before children use the potty at school. Teachers will work with parents in this process. Please provide extra underwear and socks for your child while toilet training.

For children still in diapers, please dress your child with ease of changing his or her diaper in mind. Diapers are not provided by the preschool, so please bring ten disposable diapers, and keep an extra stored with his or her change of clothes at school. The teachers will notify you when you need to bring more.

Children in diapers will be changed at school as needed. Only preschool staff will be permitted to change diapers or to take children to the toilet. Preschool staff will wash their hands before and after each diaper change, and will disinfect the changing table between changes.

The preschool recommends that all three year olds be toilet taught before attending class, or be well into the process of using the toilet. Please speak with your child’s teacher if your child has particular needs in this area.

Bottles and Cups

Please do not bring bottles to preschool, as there is not space to keep them in the refrigerator. At snack time, drinks will be served from paper cups, which preschool age children are able to negotiate, especially in the company of their peers.

Discipline

Our children are loved because they are children of God, and the preschool subscribes to the belief that children are most successful in a safe, organized, and developmentally appropriate environment. Because preschool days are well planned, fun, and busy, discipline problems are kept to a minimum.

It is the preschool’s philosophy that all children need to be free to explore their physical and social environments. The Preschool staff practices Conscious Discipline. DVD’s are available for parents to view. Praise, limit setting, and positive reinforcement are effective methods of managing children’s social behavior during their exploration process. When children receive positive, non-violent, and understanding guidance from caring adults, they develop good self-concepts, problem solving abilities and self-discipline. In keeping with these beliefs about how children learn and develop values, the preschool staff:

WILL:

* Praise and encourage the children.
* Set limits for the children and explain limits to them on their “level.”
* Model appropriate behavior and teach common courtesy and empathy for others.
* Modify the classroom environment in an attempt to prevent problems before they occur.
* Listen to the children’s concerns.
* Provide alternatives for inappropriate behaviors and redirect their efforts.
* Help the children understand the consequences of their behavior.
* Treat children as people; respecting their needs, desires, and feelings.
* Ignore minor misbehavior.
* Use gentle supportive and appropriate touching and hugging to encourage, comfort or guide the child or to help them calm themselves.
* Demonstrate consistency.

WILL NOT:

* Use corporal punishment.
* Verbally disrespect the children.
* Shame or punish children when bathroom accidents occur.
* Leave children unsupervised.

If the preschool staff identifies any concerns regarding a child’s behavior, they will speak with the child’s parent(s) directly and arrange for a conference. If a parent identifies problem behaviors at home, please speak with the child’s teachers and they will help if at all possible.

Biting

Biting at school is not an acceptable behavior. If biting occurs, parents of the children involved will be notified, and a plan will be developed and implemented to correct the situation.

Child Abuse/Neglect/Child Advocacy

Mt Carmel Baptist Church and Mt Carmel Church Preschool are concerned with the well being of all children and their families. The preschool has a moral and legal responsibility to report any case of suspected child abuse to the Orange County Department of Social Services. In suspected abuse and neglect cases, no evidence will be excluded on the grounds of confidentiality, including preschool records.

Inclement Weather

The preschool may be canceled due to inclement weather at the discretion of the Director. The Director or teacher will notify families via e-mail and Rained Out by 7:00am on the school day as to whether the school will be opened or closed should inclement weather be forecasted. *The preschool will not make up or refund tuition for days missed due to inclement weather.*

### Allergy Policy

In the event that a Mt Carmel Church Preschool classroom has a student with severe allergies, the following Allergy Policy will apply.

* Information with child’s name, picture and respective allergy will be posted in the classroom.
* Mt Carmel Church Preschool will provide non-allergen snacks.
* Each allergic child will have a clear, physician approved action plan to be followed in the case of a reaction (form provided by the preschool, child’s photo required). The preschool staff will follow this plan.
* When medication and/or an epipen is part of the child’s allergy action plan, these will be kept in the child’s classroom in an upper or locked cabinet. All preschool staff are instructed yearly in the use of an epipen.

Mt Carmel Church Preschool and the parents of children with severe allergies must comply with this policy prior to the first day the allergic child attends preschool.

# Field Trip Policy

Teachers in the three year old class and four year old class may plan a field trip for their class. Parents will be informed of the field trip plans. Parents will drop off and pick up their child at the field trip destination at the times designated by the teachers. The students will spend the entire morning at the location. In the past we have planned field trips to the NC Botanical Gardens and Maple View Farm.

Birthdays

Parents who desire to celebrate their child’s birthday in the (3’s and 4’s) classroom may send or bring in the child’s favorite book to be shared with the class or plan with the teacher a non-food related celebration. *Party invitations may not be distributed at school unless every child in the class is included.*

# DAILY PROCEDURES

Arrival

Children in the 2’s and 3’s classes should be brought to school at 9:00am. Cars will be met in the carpool line and teachers will get your child out of the carseat and escort them into the classroom. If parents must escort children to the classroom, please park in the lot in front of the school. Please speak with one of the child’s teachers so that they may acknowledge the child’s arrival. *Children MAY NOT be dropped off at the outside door and be expected to get to class on their own.* Children in the 4’s class should be brought to school at 9:15 a.m. If a child in the 4’s class has a sibling in the 2’s or 3’s class, they may be dropped off at 9:00 a.m. with their sibling; however, this arrangement needs to be cleared with the Director ahead of time.

Release of Children

Children must be picked up at their scheduled dismissal time. Children will only be released to their parent(s) unless the parent(s) have provided the preschool with written notice to the contrary. If a person other than the parent is authorized to pick up a child, that person will be required to present their photo identification to the releasing teacher before the child will be released. Children will be picked up in the carpool line. A teacher will safely buckle your child into their car seat.

Late Pick-up Fees: Parents will be charged a late fee of $1 per minute for children

picked up more than 10 minutes past their scheduled dismissal time. Late fees will

be due upon assessment, and shall be immediately payable to the teacher directly or to the tuition box.

Early Pick-up: Parents picking up their children substantially early from preschool

should advise the child’s teacher upon arrival that day.

School Absence

Parents should advise their child’s teacher or the Director if their child will be absent from school, whether due to illness or other family plans. Tuition will not be refunded for missed school. Parents may leave a voicemail message at 919-933-8565 or email the director at lsloan101@aol.com.

Communicating with Parents

The preschool will communicate with parents primarily through email and notes sent home with your child through cubby mail. Anyone who wishes to use school or class-wide email or the “cubby mail” system to communicate with parents should first discuss their plans with the Director. Please copy the director on school-wide or class-wide email. Please do not use “cubby mail” for invitations unless all children in the class are included.

Meetings of the Preschool Board of Directors

The preschool board will meet at the church on the third Tuesday of each month at 7:00 p.m. Parents are encouraged to sit on the Board of Directors. All board meetings are open to any parent. Parents may request to be on the agenda for a board meeting by contacting the chair of the board. Only members of the board of directors may vote at meetings in accordance with Mt Carmel Church Preschool By-Laws.



 **Mt Carmel Church Preschool**

 **2018-2019**

August 25 Playground Fun Day 9:30am-11:30am

August 27, 28, 29 Teacher Workdays 9:00am-2:00pm

August 29 Parent Orientation 7:00pm

September 4 First day of preschool classes

October 1 Teacher Workday 4’s (No school for Owls)

October 15 Parent/Teacher Conferences 4’s

October 19 DOPA Conference (No school for students)

October 22 Parent/Teacher Conferences 3’s

November 1 Parent/Teacher Conferences 2’s

November 2 Teacher Workday (No school for students)

November 12 Veteran’s Day (School closed)

November 21-23 Thanksgiving Holidays

December 19 – January 1 Winter Break

January 2 Teacher Workday (No school for students)

January 3 School begins after Winter Break

January 17 Open House for 2019-2020

January 21 Martin Luther King Holiday (School closed)

February 10 Preschool Sunday

February 18 President’s Day (School closed)

March 11 Teacher Workday for Fours (No school for fours)

March 25 – 29 Spring Break

April 8, 9 Parent/Teacher Conferences 4’s, 2’s

April 15 Parent/Teacher Conferences 3’s

TBD Easter Egg Hunt with MCBC

April 19 Good Friday (School closed)

April 25 Family Picnic 5:00pm-7:00pm

May 22 Last day for preschool students

May 23, 24 Teacher Workdays